



**PAIN MANAGEMENT DISCHARGE INSTRUCTIONS – STIMULATOR TRIAL**

**Patient Name:** \_\_\_\_\_ **Date :** \_\_\_\_\_

**Post-Procedure Instructions:**

- You may resume your normal diet today.
- Do NOT remove your bandage until your office visit.
- No showering or bathing until office visit: sponge bathe or use a washcloth as necessary.
- It is normal for the stimulation to shift in position and intensity during the trial; please adjust on the remote as necessary.
- Do not drive with the stimulator on during the trial (you may drive with it tuned off).
- Although the device representative will make every attempt to reach you daily during the trial period, please feel free to contact them with any/all questions.
- Wear back brace during trial period, if you have been designated one.
- You may resume your normal medications today.
- If you have received sedation or an anesthetic, you may feel sleepy for several hours. Rest until you feel more awake. Gradually resume your normal activities tomorrow.

**Other Instructions:** \_\_\_\_\_  
\_\_\_\_\_

**For Emergencies:**

If any unusual problems or difficulties occur during clinic hours, contact Louisiana Pain at (504) 754- 2334. For an emergency that cannot wait until clinic please proceed to the ER or call (504) 780-3293 for our answering service.

I have received and understand the discharge instructions provided to me.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date